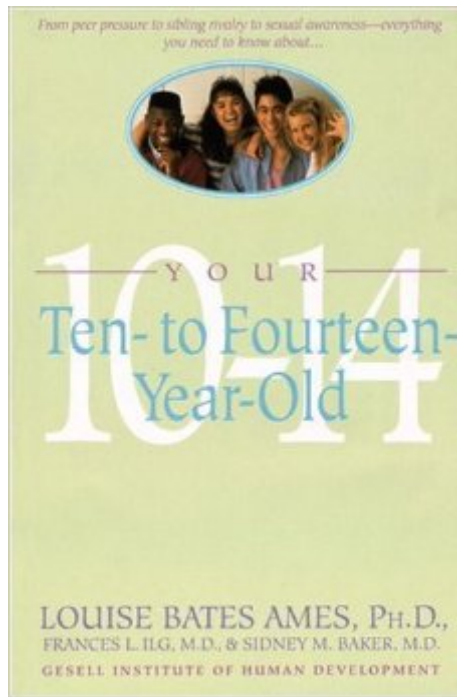


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# Your Ten- To Fourteen-Year-Old



## Synopsis

The years from Ten to Fourteen are undeniably trying and turbulent years for parents and children alike. Adolescents develop by leaps and bounds during these years, and often find themselves uncomfortable with who they are and what they're feeling. Parents, too, don't know what to expect from the adolescent child who is at one moment hostile and glum, at the next carefree and happy. *Your Ten- to Fourteen-Year-Old* was written by renowned child-care experts Louise Bates Ames, Frances Ilg, and Sidney Baker to help prepare parents for the incredible changes their children will be going through. Included in this book:

- Boy-girl relationships and sexual curiosity
- Clubs, hobbies, activities, sports
- Trouble at school
- Family life and relationships with siblings
- Physical development
- "the awkward adolescent"
- Summer jobs and independence
- Money matters
- Personal hygiene
- Moodiness, loneliness
- Smoking, drinking, drug use

Louise Bates Ames and her colleagues synthesize a lifetime of observation of children, consultation, and discussion with parents. These books will help parents to better understand their children and will guide them through the fascinating and sometimes trying experiences of modern parenthood.

—Donald J. Cohen, M.D., Director, Yale Child Study Center, Irving B. Harris Professor of Child Psychiatry, Pediatrics, and Psychology, Yale School of Medicine

## Book Information

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## Customer Reviews

I've read all the other books in this series. Usually, these books have insightful information about a child's developmental stages. This book tries to do the same; however, I think that the authors grouped too many age groups together. There's a BIG difference between ten-year olds and

fourteen-year olds. Much of the information seemed dated (it was from the 1970s).

This book gives you both physical and emotional milestones of children in this age group separated by gender. It maps how to read your child's moods and changes. As well as physical changes in development--like the inherent clumsiness of puberty. I read or re-read sections when I get to a new stage with each my 3 children. This book has warned me of danger spots--especially emotionally and calmed my concerns when I could see it was 'just normal'. I've read each book from 1 year to 14 and found them to be fabulous mounds of information.

Information is provided about the common developmental traits of ten to fourteen year olds. This book is intended to be used as a handbook for parents. It is easy to read, not a dry textbook. Your child is changing. (You know this SO well!) What might be next? Areas of development presented include physical, social, emotional, school life, interests, and ethics. I refer to my copy often as a sixth grade teacher and the proud parent of a fourteen year old.

This book came recommended from our Elementary school counselor. I thought the book had very pertinent information for a parent entering uncharted territory with a pre-teen child. The book offers detailed info for each year so you need to put it in a safe place and reference back each year as a refresher. I think I will read this book again and again!

By the time my two children were in this age group, they were reading it themselves and enjoying it. I remember them saying, "No wonder the seventh graders are cooler than we are!". It was so reassuring for them to understand normal development phases. This was a perk of the book I had not anticipated at all! Thought I thought I bought it for me, in fact it was the greatest guidebook for them! Now, my kids are in their thirties and a granddaughter is turning ten. I bought this copy for my daughter AND her child. The whole series of books for each age is wonderful!

I have relied on these books for 16 years with three boys. I love them. I recommend them, I re-buy them when I lose them. This is second purchase of this book (lost between boys) it is invaluable for helping you navigate the crazy.

I love this series. Really explained the changes of moods and behavior through the years. Started at age 4. What a relief that my little goofball was just going through normal stages of development.

What a relief.

Read this book! Worth its weight in gold. Whenever I feel like hiding under the covers in the fetal position when it comes to my son, I can always turn to the chapter corresponding to his age, and it makes me feel so much better. Really amazing how there are specific phases they go through that are completely normal. I've been using these books since he was tiny and they are a godsend to first-time parents that need some insight into the ups and downs of growing up.

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